

The Top Ten Reasons To Give Blood

10. You might get out of a boring meeting or class.
9. It's easy to do.
8. It takes less than an hour.
7. You get free cookies and juice.
6. And a free mini medical exam too.
5. You'll learn your blood type.
4. It might make your spouse, parents, kids or boss proud.
3. It shows you care about others.
2. David Letterman did it on TV.

And the **No. 1** reason to give blood?
You will help save lives.

Date _____ Time _____

Place _____ Contact _____

Donate blood now.
People can't live without it.

Visit www.nybloodcenter.org or call us at

1-800-933-BLOOD

△ New York Blood Center