**DONOR NOMOGRAM (16 to 18 Years of Age)**

Guide for **male donors** – ages 16 to 18 Years

<table>
<thead>
<tr>
<th>Height</th>
<th>4' 10&quot;</th>
<th>4' 11&quot;</th>
<th>5' or taller</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donor must weigh at least</td>
<td>120 lb</td>
<td>115 lb</td>
<td>110 lb</td>
</tr>
</tbody>
</table>

Guide for **female donors** – ages 16 to 18 Years

<table>
<thead>
<tr>
<th>Height</th>
<th>4' 10&quot;</th>
<th>4' 11&quot;</th>
<th>5'</th>
<th>5' 1&quot;</th>
<th>5' 2&quot;</th>
<th>5' 3&quot;</th>
<th>5' 4&quot;</th>
<th>5' 5&quot;</th>
<th>5' 6&quot; or taller</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donor must weigh at least</td>
<td>146 lb</td>
<td>141 lb</td>
<td>138 lb</td>
<td>133 lb</td>
<td>129 lb</td>
<td>124 lb</td>
<td>118 lb</td>
<td>115 lb</td>
<td>110 lb</td>
</tr>
</tbody>
</table>